



CITY OF ST. LOUIS MENTAL HEALTH BOARD OF TRUSTEES

Minutes of the March 10, 2026 Virtual Meeting of the Executive Committee

Board Officers	Attendance
Donna Schmitt, Chair	Zoom
Rob Poirier, Vice-Chair	Zoom
Julia López, Secretary/Treasurer	Zoom

Others Attending:

Cassandra Kaufman, Executive Director
 Serena Muhammad, Deputy Director
 Matthew S. McBride, General Counsel, Lashly & Baer

1. Call to Order

The virtual meeting of the MHB Executive Committee was called to order at 2:10 p.m. by Chair Donna Schmitt.

2. March 19, 2026 Board Meeting Agenda preview

The Executive Committee reviewed and discussed the draft tentative agenda for the March 19 Board meeting.

3. Proposed Bylaws Changes

Executive Director Cassandra Kaufman shared an overview of the revisions to MHB bylaws to update and align them with current organizational practice. General Counsel Matt McBride reviewed the proposed changes that would be presented to the board at the March 19 meeting providing a month for review, prior to a vote to be taken at the April 16 for approval. The Executive Committee members agreed that the proposed changes could be presented in March.

4. Discuss Re-allocating \$500K Permanent Supportive Housing funding to CMHF programs serving people experiencing homelessness for FY27 - 29

Due to changes at the federal level related to HUD funding for permanent supportive housing (PSH) services staff had suggested the Executive Committee consider whether or not it might be prudent to recommend at the March 19 board meeting that the \$500K typically budgeted each year to support 10-year forgivable loans for homeless service providers to create new PSH units be re-allocated to support services for those experiencing homelessness with diagnosed mental health and/or substance use disorders. After some discussion, the Executive Committee determined that the approach they favored was to remain flexible and to continue to budget \$500K to create PSH units, but that should funding be needed to support service provision for PSH programs, the board could consider potentially allocating additional funding from MHB CMHF reserves.

5. Approve February 10, 2026 Meeting Minutes

Vice Chair Rob Poirier moved, and Board Chair Donna Schmitt seconded the motion to approve the February 10, 2026 meeting minutes. The motion passed unanimously.

6. Adjourn

There being no further business before the committee, Rob Poirier made the motion to adjourn, seconded by Donna Schmitt, which passed unanimously. The MHB Executive Committee meeting was adjourned at 2:23 p.m.