

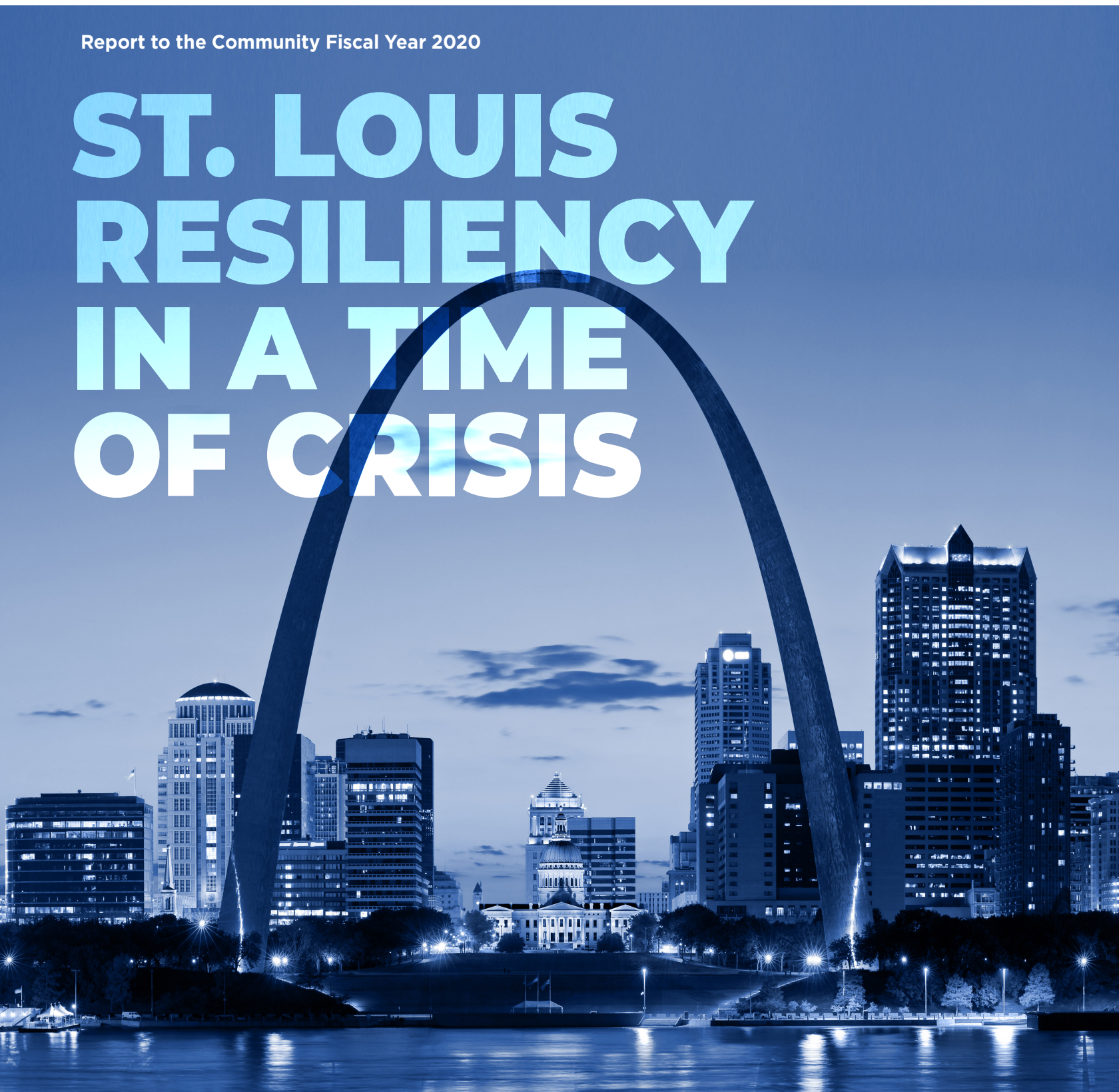
saint louis



partnering  
investing  
empowering

Report to the Community Fiscal Year 2020

# ST. LOUIS RESILIENCY IN A TIME OF CRISIS



## MHB at a Glance

MHB invests in high-quality programs that are effective and lead to real improvement in the well-being of those served. MHB administers two Saint Louis City dedicated property taxes:

### Our Mission

MHB improves the quality of life for city residents by investing and participating in a coordinated system of social, behavioral and physical health services aligned with community priorities.

### Our Vision

MHB is a strategic visionary leader investing in and strengthening an integrated system of social, behavioral and physical health services to build an equitable, thriving community.

### THE COMMUNITY CHILDREN'S SERVICES FUND

supports programs that improve the well-being of the City's children, birth through age 18. MHB funds and supports non-profit programs that address children's needs for social connection and emotional health.

### THE COMMUNITY MENTAL HEALTH FUND

is the original tax fund for which MHB was established. The goal of this fund is to make funding available to non-profit agencies that address mental health and substance use serving City residents.

In addition to the tax funds, MHB secures additional resources for:

### STRATEGIC INITIATIVES

MHB supplements local tax funds by securing other revenue through third-party, federal, foundations or other types of operating grants that enable MHB to re-grant, or pass them on to local service providers to implement programs in response to the needs of the community, such as homelessness, severe emotional disturbance, victims of violence and trauma.

## Dear Friend of Saint Louis MHB,

The American Psychological Association defines resilience as "...the process of adapting well in the face of adversity, trauma, tragedy, threat or significant sources of stress." Similar to the resilience exhibited by healthy human beings, organizations can also display resilience.

There are several key traits of healthy resilience that MHB was able to demonstrate this past year due to the pandemic. COVID-19 challenged MHB to adapt and respond to the changing needs of our community, testing our resiliency. The list below shows those key resiliency traits and how MHB exhibited them:

KEY RESILIENCY TRAIT	MHB'S RESPONSE
Vision	Recognized the unexpected change in the environment required a quick response
Reasoning	Reviewed current data and set new priorities for emergency funding
Positive Action	Board approved \$500,000 to be taken from reserves and distributed to 39 grantees to increase capacity to deliver virtual services
Collaboration	Partnered with the City of St. Louis Department of Health to support early childhood programs with federal CARES Act funding to 53 programs for 1,620 children
Perseverance	At the request of early childhood advocates, MHB agreed to accept an additional 6 cents to the Community Children's Services Fund for early childhood programs if a ballot initiative was passed. City voters passed the additional tax in November which will add approximately 2.3 million each year for early childhood programs.

At the same time MHB was dealing with the crisis at hand, we continued to maintain our commitment to fund mental health and children's services by making available \$12.1M in funding (inclusive of local tax dollars and federal funds) that supported 123 programs serving 13,252 participants.

Most importantly, MHB continues to look for ways to advance racial equity and inclusion throughout all our work. We are pleased to present our FY 2020 Annual Report and welcome your questions and ideas.

Sincerely,



Linda Grayson  
Board Chair



Jama Dodson  
Executive Director

# MHB COVID-19 Emergency Funding

Pandemic. Unprecedented. Resilient. All three adjectives not only define the experience of many in 2020, but they also describe the factors that led MHB Trustees to authorize \$500,000 from reserves for emergency funding within days of the enactment of a shelter-in-place order in the City. Recognizing the need for behavioral health and children's services providers to immediately respond to the COVID-19 public health crisis, MHB distributed funding in less than six weeks. A total of 39 organizations, both currently funded and new, received organizational support allowing them to maintain operations, avoid service disruptions, and pivot to virtual service delivery and telehealth. Placing consumers at the center, MHB's emergency fund also supported removing barriers for consumers in accessing virtual services. Priority was given to organizations serving populations disproportionately impacted by the pandemic.

"This award removed barriers for telehealth and teletherapy for senior adults with significant mental disorders. The ability for professionals to connect with senior adults during a time when they cannot safely leave their facility is paramount to their health and well-being."

## Cardinal Ritter Senior Services – DuBourg House

DuBourg House is an assisted living residence for low-income seniors in the St. Louis Hills area of South St. Louis



## COVID-19 Emergency Fund Awards

- |  |  |                                     |
|--|--|-------------------------------------|
| Alive & Well Communities                                 | Criminal Justice Ministry                  | Peter & Paul Community Services     |
| Behavioral Health Network of Greater St. Louis           | DOORWAYS                                   | Places for People                   |
| Behavioral Health Response                               | Employment Connection                      | Preferred Family Healthcare         |
| Better Family Life                                       | Epworth Children & Family Services         | PROMO Fund                          |
| Big Brothers Big Sisters of Eastern Missouri             | Family Care Health Centers                 | Queen of Peace Center               |
| Bilingual International Assistant Services               | FamilyForward                              | Safe Connections                    |
| Casa de Salud  | Fathers & Families Support Center          | Saint Louis Crisis Nursery          |
| Catholic Charities of St. Louis                          | Gateway Housing First                      | Sherwood Forest Camp                |
| Center for Behavioral Health - UMSL                      | Gene Slay's Girls & Boys Club of St. Louis | St. Francis Community Services      |
| CHADS Coalition for Mental Health                        | Healing Action Network                     | St. Louis Integrated Health Network |
| Children's Advocacy Services of Greater St. Louis - UMSL | Horizon Housing Development Company        | St. Louis Internship Program        |
| Covenant House Missouri                                  | International Institute of St. Louis       | St. Patrick Center                  |
|  | Metro Trans Umbrella Group                 | Youth In Need                       |
|  | Our Little Haven                           |                                     |

30,828\*

PEOPLE WERE IMPACTED

\*Numbers reflect unduplicated consumers

\$500,000

IN FUNDS AWARDED

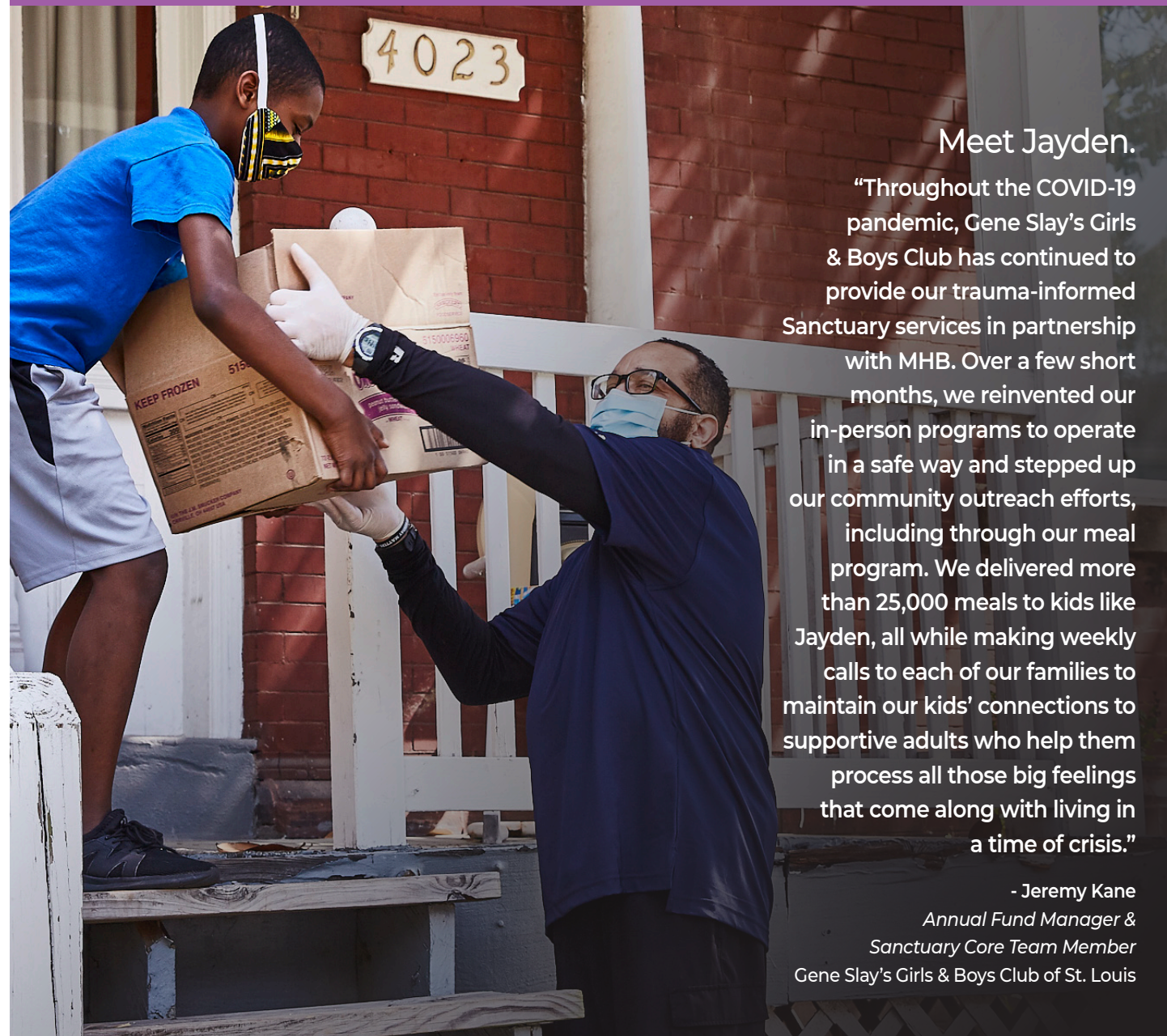
"As the COVID-19 Pandemic was at a crisis level and the health and safety of our residents and staff was our highest priority, your funds were used to pay a shift premium to all direct-care staff that ensured consistent staffing levels during stay-at-home orders and allowed us to expand services at our emergency shelter to 24 hours a day. [...] Your funds were a critical lifeline for the agency."

## Peter & Paul Community Services

An ecumenical agency, provides housing and supportive services to persons who are homeless, especially those who experience mental illness or live with HIV

# The Community Children's Services Fund

Established in 2004, the Community Children's Services Fund is dedicated to improving the well-being of St. Louis City children and youth from birth through age 18. Through three-year competitive grant cycles and participation in community collaborations supporting the development of a coordinated system of care for children, the fund supports a wide range of services that address children's needs especially those focused on developing emotional health and social connection addressing behavioral health issues, trauma, and family support.



## Meet Jayden.

"Throughout the COVID-19 pandemic, Gene Slay's Girls & Boys Club has continued to provide our trauma-informed Sanctuary services in partnership with MHB. Over a few short months, we reinvented our in-person programs to operate in a safe way and stepped up our community outreach efforts, including through our meal program. We delivered more than 25,000 meals to kids like Jayden, all while making weekly calls to each of our families to maintain our kids' connections to supportive adults who help them process all those big feelings that come along with living in a time of crisis."

- Jeremy Kane  
Annual Fund Manager &  
Sanctuary Core Team Member  
Gene Slay's Girls & Boys Club of St. Louis

# 11,409 people\* received services

IN FY20, A 2% DECREASE FROM FY19. GIVEN THE DUAL PANDEMICS EXPERIENCED BY OUR COMMUNITY IN FY20, THIS DECREASE IS LESS THAN ANTICIPATED AND SHOWS HOW QUICKLY AND ABLY OUR FUNDED PARTNERS RESPONDED TO CONSUMER NEED CHANGES IN SERVICE PROVISION.

\*Numbers reflect unduplicated consumers. Includes 719 parents who participated in services for their young children.

# 5,548 or 51% of children and youth receiving MHB funded services participated in prevention-focused programming.

Promoting health among young people requires that we refocus to address behavioral health problems earlier. We now have over 30 years of research on effective programs and policies showing that we can prevent behavioral health problems from developing if the right services are provided at the right time (Hawkins et al., 2015).

Of the 11,409 served, **7,457** improved their well-being as detailed below...

## 2,661 individuals strengthened social connections as demonstrated by:

- 1,296 children and youth demonstrated healthy engagement in their schools and/or communities
- 161 parents and caregivers acquired the knowledge, skills and support necessary for a strong, nurturing family

- 657 unstably housed children and youth regained or maintained stable living situations
- 547 children and youth formed positive bonds with caring adults, and experienced safe and healthy relationships

## 4,796 children and youth improved their emotional health as demonstrated by:

- 3,383 children and youth strengthened resiliency by improving decision-making, social, and coping skills
- 252 children and youth avoided or reduced their substance use, or avoided other risky behaviors
- 178 youth gained independent living/life skills, so they are more capable of making healthy life choices
- 983 children and youth improved their behavioral health as evidenced by fewer symptoms and improved functioning

# The Community Mental Health Fund

For the past 26 years the Community Mental Health Fund has worked to improve the quality of life for City residents with mental health and/or substance use disorders primarily serving adults ages 18 and older. The fund supports a range of services that address behavioral health wellness leading to prevention or recovery in the dimensions of health, home, purpose, and community.

“Ethnically diverse, black or brown participants in STEPS to Better Health with both physical and behavioral health conditions, and functionally homebound, were at high risk for COVID-19. Many began to report mental health symptoms including anxiety, depression and suicidal ideation. MHB allowed us to modify our program to intensify the counseling component and therapists delivered these

via telehealth. Participants worked to address their behavioral health concerns and were referred to other resources for food and other basic needs. Over the year, we have introduced innovative methods to continue addressing chronic health conditions and symptom management through education, exercise and weekly meal kit delivery with videos promoting healthy meal preparation.”

Jason Baker, Ph.D.  
Executive Director,  
Bilingual International  
Assistant Services



# 5,236 people\* received services

FY20 SAW A 55% INCREASE IN PARTICIPATION IN BEHAVIORAL HEALTH PREVENTION OR EARLY INTERVENTION GROUPS. TWO TYPES OF PARTICIPANTS BEAR MENTIONING: THERE IS A HIGH CORRELATION BETWEEN BEHAVIORAL HEALTH ISSUES AND THOSE EXPERIENCING HOMELESSNESS. ADDITIONALLY, YOUNG ADULTS TRANSITIONING FROM FOSTER CARE AT AGE 18 ARE ALSO VERY VULNERABLE TO BEHAVIORAL HEALTH ISSUES. MORE PEOPLE IN THESE GROUPS ENGAGED IN MHB-FUNDED PROGRAMS THAN THE PRIOR YEAR.

*\*Numbers reflect unduplicated consumers*

# 4,873 individuals or 93% of those served participated in early intervention-focused programming.

**M**<sup>H</sup>B's Community Mental Health Fund, invests in programs working to help the people they serve to achieve behavioral health wellness and recovery as defined by preventing, improving and supporting their recovery from mental health conditions or substance use. 41% of the adults participating in MHB-funded programs improved their behavioral health wellness, shown by one or more of these changes:

- fewer mental health symptoms,
- avoiding/reducing substance use,
- improving management of behavioral health and physical health conditions,
- resolving legal issues impeding recovery,
- maintaining stable housing,
- becoming/remaining employed.

Of the **5,236** served in FY20 ...

# 1,905

adults successfully identified, prevented, and/or addressed their behavioral health conditions through early intervention

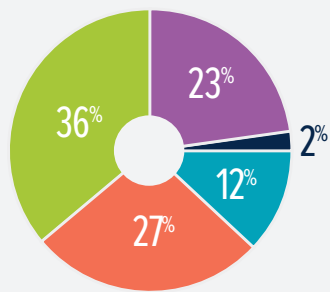
# 221

adults with severe and persistent mental illness improved their ability to function independently, get or keep a job and/or maintain stable housing.

**Strategic Initiatives:**

# System of Care Builds Infrastructure, Responds to Family Voice

MHB secured a four-year, four-million-dollar federal Substance Abuse and Mental Health Services Administrations (SAMHSA) grant to continue the expansion and sustainability of the System of Care in St. Louis City and County. Guided by the System of Care philosophy to be family driven and youth guided, we are building infrastructure to support an expanding range of services and supports for youth with serious emotional challenges and their families. The current project builds on the achievements of the previous four-year grant also from SAMHSA.



- Percentage of Year 1 Budget
- Outreach and Peer Support
  - Assessment and Referral
  - Integrated Family Treatment
  - Evaluation and Project Management
  - Infrastructure Development

## Staying true to the System of Care concept, we are ...

- # 1
- ### Expanding the range of services and supports
- Integrated Family Treatment that addresses the unmet mental health needs of the parent or caregiver along with the child's needs.
  - Family Support Partners (Peer Specialists)

## Building infrastructure

- # 2
- Linking children's mental health system with the adult system, and
  - Linking juvenile justice-involved youth with the behavioral health system.

## Honoring the philosophy. Family driven and youth guided

- # 3
- Implementing a sustainable framework for the Parent Advisory Council
  - Increasing youth engagement in partnership with Behavioral Health Network
  - Participating in the Family Voices multi-state learning collaborative to develop family and professional partnerships with Missouri Families 4 Families.

## 1 A story about family peer support ...

The Family Support Partners (FSPs) were hired and began training just as COVID struck and everything changed. After holding close during the early weeks and months of the pandemic, families started to re-engage with services, as reported by Jawana Hammonds, Director of Family Support Services at Vision for Children at Risk. *"The more we reach out, they are taking advantage and inviting us in. When we engage families and meet them where they are, they welcome us in. They want the help. We walk with them. This is major for the family – they want you to help them. The parent is the expert on the family. We take time to listen and let them tell us what they need. We listen to learn how to help. Families are welcoming us. As they apply their training, the Family Support Partners say they "see it happening."*



Jawana Hammonds

## 2 A story about staff support ...

The Courts and the Self-Care Workshops



Shanté Lampley

During the first virtual SOC Council meeting (June), we asked members to share any pandemic-related needs. Some asked for personal protective equipment, but Shanté Lampley, Chief Deputy Juvenile Officer for the Child Protection Department of the 22nd Judicial Circuit Court, requested self-care for her staff. MHB responded with three self-care workshops by the Awareness Institute. Twenty-two staff from the courts participated.

Shanté said the workshops *"exceeded my expectations: I hadn't realized how the anxiety, stress, and irritability could be related to the political strife, virus, and quarantine – and how it impacts other areas in my life – my own body and mind. The presenters created a non-threatening, safe space so people could really open up about what's going on in their own life."*

## 3 A story about family voice ....

Systems of Care are designed to be family driven and youth guided – with the strengths and needs of the child and family determining the mix of services and supports.

When family voices are heard, change happens. Recent improvements include walk-in clinics, consistency in medication refills, youth waiting rooms in emergency departments, pediatric access to psychiatric consultation, and the incredible team of certified Family Support Partners.

Rene Murph is a foster parent and the family representative on the System of Care Council. She reminds us, *"There is no true System of Care without youth/young adults and their caregivers working with professional service providers. Neither families nor professionals can do this alone – only together."*



Rene Murph

## Strategic Initiatives:

# St. Louis Area Violence Prevention Commission

The Violence Prevention Commission (VPC) centers the voice of community residents on the work of relationship-building with police and law enforcement. For police to be able to make arrests for violent crimes, the cooperation of victims and witnesses is needed, and that requires trust. In 2017, the Department of Justice representatives came to the City of St. Louis and recommended, that the St. Louis Metropolitan Police Department “... *should improve relationships with youth and strengthen community policing goals and practices to increase community cooperation and trust in the police.*”

## Building Relationships

In 2019, we heard from more than 1,300 residents of the St. Louis region in our community engagement around police legitimacy. Listening sessions, an online survey, and police stakeholder interviews were all conducted. According to one person who took our survey, ***“I think they (police) need to focus on building relationships and trust in a community where there is virtually none. The fact that a child quickly goes from wanting to be a police officer when they grow up to being afraid of the police is a big problem, and I believe much of that lies on the severed relationship between the police and the community they serve.”*** All of this community engagement led to the release of VPC’s Statement on Policing and Violence Prevention which contained 9 recommendations to reduce violence and improve relationships between police and the community. VPC has started meeting with policymakers in St. Louis City and County to amplify the voice of community through these recommendations.

## Youth Empowerment Summit

Youth engagement is a vital part in reducing violence among the group who made up 42% of gun violence victims in St. Louis City – people 25 years of age and younger. VPC and our partners hosted a Youth Empowerment Summit for more than 100 teens in August of 2019. The goal was for participants to be empowered with the skills, knowledge, and confidence to make positive changes in their schools, communities, and organizations. The Summit included leadership training and an opportunity for youth age 13-19 to develop and present draft policies on education equity, diversity and inclusion, housing, and policing. VPC also continues to offer its It Starts with Us youth mini grants to give youth an opportunity to plan and execute their own community projects. In Fiscal Year 2020, MHB awarded more than \$27,000 to support 14 youth led projects.

## Gun Violence Research

In 2019, VPC, as an expert on gun violence in St. Louis, was invited to attend a meeting of the Rand Corporation to present on priorities for gun violence research. VPC collected research ideas from community partners in several of our committees including Community Engagement, Policy & Systems Change, and Racial Equity & Systemic Racism. Those priorities included determining the effectiveness of: youth employment programs on gun violence prevention; the most effective array of resources and supports to respond to nonfatal shootings in the community; the long-term effectiveness of arrest and incarceration compared to models that are not centered on law enforcement; the environmental and neighborhood level factors that contribute to feelings of safety and how that impacts gun ownership; and the appropriate delivery method and setting for teaching youth how to resolve conflicts without violence. Serena Muhammad presented these priorities and findings to the Rand Corporation in Washington DC in October 2019.

## Strategic Initiatives:

# Permanent Supportive Housing Initiative

Housing stability is a necessity for people with behavioral health conditions. Without a home, it is difficult to maintain healthy physical or mental well-being. Permanent Supportive Housing (PSH) provides both housing and the supportive services needed for those with mental health and/or substance use conditions to stay on track with their treatment and recovery. This initiative makes funding available to increase the number of PSH housing units through new construction or renovation of existing structures.

MHB’s work to support those with behavioral health disorders has included housing stability as a key component of a recovery-oriented approach that began with the implementation of a five-year (FFY 2010 – 2014) Substance Abuse and Mental Health Services Administration (SAMHSA) grant. Through the St. Louis Partnership for Mental Health and Housing Transformation MHB worked with community partners to not only increase the utilization of evidence-based mental health and substance use practices, but also to increase housing resources for those with serious behavioral health disorders in St. Louis City.

As a direct result of MHB’s SAMHSA grant, a Housing Funders Group was established that engaged the Corporation for Supportive Housing to quantify the need for permanent supportive housing (PSH) among persons with serious mental illness who were homeless or at-risk of homelessness. Quantifying and determining the number of PSH units needed was a key step in establishing a community strategy to create the units needed (Corporation for Supportive Housing, 2012). The St. Louis community set the goal of creating 1,227 units of PSH, of which 882 or 72% were to be set

aside for populations with serious mental illness who were homeless or at risk of homelessness.

Since 2011, MHB has supported this goal through its Permanent Supportive Housing Fund typically making 10-year forgivable loans to support the creation of PSH units. Through FY20, MHB has awarded \$3.6 million to 19 projects creating 184 units of the permanent supportive housing in the City of St. Louis, either by renovating existing structures or through construction of new sites that offer behavioral health and supportive services in conjunction with permanent housing.



Gateway Housing First’s Assisi Apartments offer 10 one-bedroom units that provide supports and accommodations to very low-income households impacted by serious mental health conditions.

<sup>1</sup> <https://www.stlouis-mo.gov/government/departments/mayor/initiatives/public-safety/diagnostic-analysis-for-the-city-of-st-louis-march-2017-full-report.cfm> (p. 60)

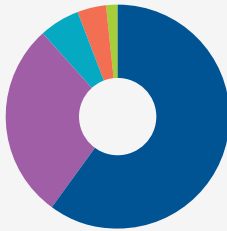
# Financial Statements

## FY2020

# Who We Fund\*

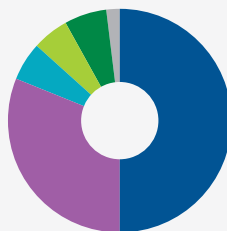
MHB uses an outcome-focused approach, funding only projects that can show measurable and verifiable changes in the lives of those served. Grant recipients and their programs for Fiscal Year 2020 include 59 different organizations serving residents of the City of St. Louis.

### REVENUES BY SOURCE



- Children's Services Fund Tax  
**\$8,583,161**
- Mental Health Fund Tax  
**\$4,062,837**
- Federal Programs  
**\$835,329**
- Investment Income  
**\$571,992**
- Other Income  
**\$227,909**

### EXPENDITURES



- Children's Services Fund Projects  
**\$7,190,715**
- Mental Health Fund Projects  
**\$4,444,008**
- Federal Programs  
**\$811,622**
- Project Support  
**\$757,269**
- Administration  
**\$861,432**
- Other  
**\$272,507**

### CONDENSED STATEMENT OF NET POSITION

For the period  
July 1, 2019 – June 30, 2020

Assets and Deferred Outflows	
Cash and Investments	\$ 20,103,363
Grants, Taxes and Other Receivables	\$ 273,262
Forgivable Loans	\$ 1,519,874
Other Assets	\$ 169,276
<b>Total Assets</b>	<b>\$ 22,065,775</b>
Deferred Outflows of Resources	
Pension Related	\$ 245,185
<b>Total Assets and Deferred Outflows</b>	<b>\$ 22,310,960</b>
Liabilities, Deferred Inflows and Net Position	
Accounts and Grants Payable	\$ 211,603
Other Liabilities	\$ 858,034
<b>Total Liabilities</b>	<b>\$ 1,069,637</b>
Deferred Inflows of Resources	
Pension Related	\$ 15,546
<b>Net Position</b>	<b>\$ 21,225,777</b>
<b>Total Liabilities, Deferred Inflows and Net Position</b>	<b>\$ 22,310,960</b>

### CONDENSED STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION

Revenues	
Children's Services Fund Tax	\$ 8,583,161
Mental Health Fund Tax	\$ 4,062,837
Federal Programs*	\$ 835,329
Investment Income	\$ 571,992
Other Income	\$ 227,909
<b>Total Revenues</b>	<b>\$ 14,281,228</b>
Expenses	
Children's Services Fund Projects	\$ 7,190,715
Mental Health Fund Projects	\$ 4,444,008
Federal Programs*	\$ 811,622
Project Support	\$ 757,269
Administration	\$ 861,432
Other	\$ 272,507
<b>Total Expenses</b>	<b>\$ 14,337,553</b>
Deficit	\$ (56,325)
Net Position, Beginning of Year	\$ 21,282,102
<b>Net Position, End of Year</b>	<b>\$ 21,225,777</b>

\*Includes funds from SAMHSA, System of Care

**22nd Judicial Circuit of Missouri, Family Court-Juvenile Division**  
 • Family Sub-Contracted Services  
 • Psychological Services Unit

**Alive & Well Communities**  
 • School-Based Trauma Informed Learning Collaboratives  
 • City Summer Program Trauma Awareness

**Annie Malone Children and Family Service Center**  
 • Crisis Services and Parent Education Support

**Area Resources for Community and Human Services**  
 • ASAP After School Programs

**Behavioral Health Network of Greater St. Louis**  
 • Bridges to Care and Recovery

**Behavioral Health Response**  
 • St. Louis City Youth Connection Helpline  
 • St. Louis City Crisis Helpline  
 • System of Care Linkage and Referral

**Better Family Life**  
 • Comprehensive Access to Resources, Education and Services (C.A.R.E.S.) Prevention Program

**Big Brothers Big Sisters of Eastern Missouri**  
 • Comprehensive Youth Mentoring

**Bilingual International Assistant Services**  
 • Care Access for New Americans (CANA)  
 • Project Safe Space: Trauma-Focused Mental Health Services for Refugee and Immigrant Children  
 • STEPS to Better Health

**CASA of St. Louis**  
 • Child Advocacy Services

**Center for Behavioral Health - UMSL**  
 • Psychological Evaluation Services

**CHADS Coalition for Mental Health**  
 • Family Support

**Children's Advocacy Services of Greater St. Louis - UMSL**  
 • CBITS: Cognitive Behavioral Intervention for Trauma in Schools  
 • Integrated Family Treatment Model  
 • Problem Sexual Behaviors  
 • Project SOCKET  
 • Trauma-Informed System of Care

**City of St. Louis**  
 • Director of Children, Youth and Families  
 • Project Success

**Covenant House Missouri**  
 • Clinical Services  
 • Supportive Living

**Criminal Justice Ministry**  
 • Release to Rent

**Employment Connection**  
 • Back to Health, Back to Work

**Epworth Children & Family Services**  
 • Family Support Network

**Family Care Health Centers**  
 • Circle of Care

**FamilyForward**  
 • Child Abuse Prevention and Treatment Services  
 • Therapeutic Preschool

**Fathers & Families Support Center**  
 • Family Formation Program

**Forward Through Ferguson**  
 • St. Louis Racial Equity Summit

**Foster and Adoptive Care Coalition**  
 • 30 Days to Family  
 • Family Works  
 • Family Works STEPS

**Gene Slay's Girls & Boys Club of St. Louis**  
 • Trauma-Informed Care

**Generate Health**  
 • Perinatal Behavioral Health Initiative

**Girl Scouts of Eastern Missouri**  
 • Too Good for Violence

**Great Circle**  
 • Healthy Families

**Healing Action Network**  
 • Holistic Safety

**International Institute of St. Louis**  
 • Care Access for New Americans (CANA)

**Legal Services of Eastern Missouri**  
 • Improving Educational Outcomes for Children  
 • Legal Advocacy for Adults with Mental Illness  
 • Youth and Family Advocacy Program

**LifeWise STL**  
 • Building Socially & Emotionally Strong Teens

**Lutheran Family and Children's Services of Missouri**  
 • STEP Up (Strengthen, Teach, Empower, and Prepare)

**Mental Health America of Eastern Missouri**  
 • Greater St. Louis Collegiate Mental Health Innovation Council

**Missouri Department of Mental Health**  
 • Adolescent C-STAR

**Nurses for Newborns**  
 • Home Visitation for St. Louis Infants

**Our Little Haven**  
 • Keystone Mental Health Services

**Places for People**  
 • Family Support Provider Services & Child Prescriber Services  
 • Integrated Family Treatment Model  
 • Public Administrator Liaison  
 • Seeking Trauma Support Groups  
 • The Incredible Years  
 • Youth System of Care

**Preferred Family Healthcare**  
 • Partners in Recovery

**PreventEd**  
 • Prevention First - St. Louis City

**Queen of Peace Center**  
 • Nurturing Networks

**Safe Connections**  
 • Teen Dating Violence Prevention Groups  
 • Therapy for Victims of Relationship and Sexual Violence

**Saint Louis Crisis Nursery**  
 • Keeping Kids Safe

**Saint Louis University**  
 • Improving Mental Health: Parent and Child Collaborative Treatment (IMPACCT)

**Sherwood Forest Camp**  
 • Leadership Training Program

**St. Francis Community Services**  
 • Spanish Language Mental Health Project

**St. Louis Area Violence Prevention Commission**

**St. Louis Community Foundation**  
 • COVID-19 Relief Fund  
 • Missouri Census Funders

**St. Louis Integrated Health Network**  
 • Strengthening the Behavioral Health Workforce in Integrated Care Settings

**St. Louis Internship Program**  
 • Learning to Make Healthy Life Choices through Preparing for Work

**St. Louis Public Schools Foundation**  
 • Strategic Nonprofit Alignment Initiative

**St. Louis Regional Health Commission**  
 • Bullet Related Injury Clinic (BRIC)

**STL Youth Jobs**  
 • STL Youth Jobs

**United 4 Children**  
 • Non-Public After School

**United Way of Greater St. Louis**  
 • Ready By 21 St. Louis

**Unleashing Potential**  
 • Summer Enrichment Program

**Vision for Children At-Risk**  
 • ASQ Developmental and Social Emotional Universal Screening  
 • Family Support Partners  
 • System of Care Management Infrastructure

**Washington University - The Spot**  
 • AWARE

**Youth In Need**  
 • St. Louis City Youth Connection Helpline/Street Outreach

**Youth Mini-Grants (Regional Funders Collaborative)**  
 • Supported 10 teen community service projects

\*COVID-19 emergency funded programs listed on page 4

## MHB Trustees

Trustees must live in the City of St. Louis and represent the residents of the City. They are responsible for selecting, contracting, and granting funds to non-profit organizations that provide behavioral health and children's services to City residents.

### Linda Grayson, *Chair*

Manager  
May Company (Retired)

### David Laslo, *Vice Chair*

President  
Strategic Research  
& Analytics

### Terrell Carter, *Secretary/*

*Treasurer*  
Executive Director,  
Rise Community  
Development

### Marylou Calzaretta

Corporate Counsel  
Esse Health

### Marguerite Grandelious

School Counselor  
Ritenour School District  
(Retired)

### Darrell Hudson

Associate Professor  
Brown School,  
Washington University

### Carolyn Jackson

Manager  
Upward Bound/TRIO  
Saint Louis Community College  
Forest Park

### Julia López

Instructor of Medicine  
Division of Infectious Diseases  
Washington University

### Phil Minden

Senior Vice President  
Sterling Bank

### Cassandra Pinkston

Chief Executive Officer  
Higher Education Consortium  
of Metropolitan St. Louis

### Rob Poirier

Clinical Chief of  
Emergency Medicine  
Washington University  
School of Medicine

### Carla Rose

CEO  
AerialSync

### Donna Schmitt

Partner  
Armstrong Teasdale, LLC

### Yusef Scoggin

Director  
Office of Family &  
Community Services at  
Saint Louis County  
Government

## MHB Staff

MHB Staff provide oversight and stewardship of the tax funds and other revenue. Funded programs are assigned a project director that provides technical assistance. In addition to grantmaking, all project staff also have experience in non-profit service provision.

### Jama Dodson

Executive Director

### Cassandra Kaufman

Deputy Director

### Kristin Cowart

Senior Project Director  
Children's Services Fund

### Sue Culli

Senior Support Manager

### Tom Giles

Director of Operations

### Susan Kabat

Controller

### Mary Ann Merz

System of Care Project Director

### Jessica Meyers

Violence Prevention  
Commission Coordinator

### Jennifer Morgan

Senior Project Director  
Information Services

### Serena Muhammad

Director of Strategic Initiatives

### Lisa Potts

Project Director  
Mental Health Fund



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