



MEMORANDUM

TO: Trustees

FROM: Julia López, Program Committee Member **BOARD ACTION REQUIRED**

DATE: October 10, 2025

SUBJECT: Authorization to Accept Year 3 Federal Funding Award for SAMHSA SOC 4-Year Cooperative Agreement CFDA 93.104 for Federal Fiscal Year 2026

In September 2023, MHB was awarded its third SAMHSA System of Care four-year Cooperative Agreement beginning September 30, 2023, and ending September 29, 2027. The attached resolution allows MHB to accept Year 3 funding for the four-year SAMHSA SOC Cooperative Agreement for CFDA 93.104 for FFY 2026 totaling \$999,865.

BACKGROUND

Population of Focus

The SAMHSA System of Care St. Louis Region (SOC-STL) expansion serves youth aged 21 and younger with a serious emotional disturbance (SED) or who have early signs and symptoms of Serious Mental Illness (SMI), that experience homelessness or are at risk of experiencing homelessness in St. Louis City and St. Louis County.

Strategies and Interventions

Direct services include a combination of clinical and non-clinical interventions. Clinical interventions include Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and other therapeutic modalities. Non-clinical interventions include peer support and youth leadership/mentoring.

Project Goals and Objectives

The project will serve 100 individuals in year three and 100 in year four for a total of 375 individuals served during the four-year project period. Project goals include:

Goal 1: Strengthen and enhance current infrastructure to connect youth to family support and appropriate mental health services.

Goal 2: Provide evidence-based and appropriate mental health services to youth under 21, with or at-risk of SED/SMI and their families that are experiencing homelessness or at risk of homelessness.

Goal 3: Significantly mitigate youth's mental health-related symptoms by post-treatment.

Goal 4: Increase the knowledge of and skills of mental health professionals by providing Children’s Mental Health Initiative (CMHI) trainings that are related to youth and family behavioral health.

Goal 5: Provide outreach and engagement to increase access to family support and evidence-based and appropriate mental health services.

Project Partners

Clinical Partnership Director Poli Rijos provides grant oversight and fiscal management. Grant funded project partners include Vision for Children at Risk, Youth in Need, Motivating Purpose with Education and Readiness, Keys to Knowledge and Action, and the Missouri Institute of Mental Health.

CITY OF ST. LOUIS MENTAL HEALTH BOARD OF TRUSTEES

AUTHORIZATION TO ACCEPT FEDERAL FUNDING FOR YEAR THREE OF THE SAMHSA SYSTEM OF CARE FOUR-YEAR COOPERATIVE AGREEMENT CFDA 93.104

RESOLUTION

WHEREAS, the City of St. Louis Mental Health Board of Trustees has been awarded federal funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) for the St. Louis Regional System of Care Cooperative Agreement in the amount of \$999,865 for federal fiscal year 2026; and

WHEREAS, the four-year federal award period runs from September 30, 2023, through September 29, 2027, totaling \$3,997,504; and

WHEREAS, the MHB desires to serve as a recipient of this federal project and to execute agreements with other sub-contractors or sub-recipients to provide services associated with the goals and objectives of the project funded by federal funds;

NOW THEREFORE BE IT RESOLVED:

The Board of Trustees accepts the following federal funding for the federal award period ending September 29, 2026:

Substance Abuse and Mental Health Services Administration (SAMHSA), St. Louis Regional System of Care Expansion & Sustainability Cooperative Agreement CFDA 93.104 award of \$999,865.

Furthermore, the Board authorizes the Executive Director and Board Chair to execute contracts with sub-recipients from duly selected organizations/persons providing the services required.

APPROVED THIS 16th DAY OF OCTOBER 2025:

Board Chair/Officer Name (printed):	Signature:
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ATTEST:

Board Officer Name (printed):	Signature:
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