



MEMORANDUM

TO: Trustees

FROM: Lisa Mulligan, Program Committee Member **BOARD ACTION REQUIRED**

DATE: September 13, 2024

SUBJECT: Authorization to Accept Year 2 Federal Funding Award for SAMHSA SOC 4-Year Cooperative Agreement CFDA 93.104 for Federal Fiscal Year 2025

In September 2023, MHB was awarded its third SAMHSA System of Care four-year Cooperative Agreement beginning September 30, 2023, and ending September 29, 2027. The attached Resolution allows MHB to accept Year 2 funding for the four-year SAMHSA SOC Cooperative Agreement for CFDA 93.104 for Federal Fiscal Year 2025 totaling \$999,865.

BACKGROUND

Population of Focus

The SAMHSA System of Care St. Louis Region (SOC-STL) expansion serves youth aged 21 and younger with a serious emotional disturbance (SED) or who have early signs and symptoms of Serious Mental Illness (SMI), that disproportionately experience homelessness or are at risk of experiencing homelessness in St. Louis City and St. Louis County. Youth of color and LGBTQIA+ youth experience significant disparities in homelessness therefore the project focuses on these underserved groups.

Strategies and Interventions

Direct services include a combination of clinical and non-clinical interventions. Clinical interventions include Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and other therapeutic modalities. Non-clinical interventions include peer support and youth leadership/mentoring. Training and technical assistance partners are led by People of Color and/or LGBTQIA+ people with expertise in serving these populations and training other organizations to improve services for these underserved populations. Other planned infrastructure improvements include integrating a referral and resource guide created by and for LGBTQIA+ people looking for mental health services. All strategies and interventions are culturally appropriate for the populations of focus and employ evidence-based, evidence-informed, and culturally responsive practices.

Project Goals and Objectives

The project will serve 75 individuals in year one and 150 in each of years two through four for a total of 665 individuals served during the four-year project period. A list of project goals follows.

Goal 1: Strengthen and enhance current infrastructure to connect youth to family support and culturally appropriate mental health services.

Goal 2: Provide evidence-based and culturally appropriate mental health services to youth, under 21, with or at-risk of SED/SMI and their families that are disproportionately experiencing homelessness or at risk of homelessness with a focus on LGBTQIA+ youth and youth of color.

Goal 3: Significantly mitigate youth's mental health-related symptoms by post-treatment.

Goal 4: Increase the knowledge of and skills about effective strategies to decrease health disparities and stigma related to LGBTQIA+ and Black youth seeking behavioral health services of SOC-STL direct service providers.

Goal 5: Provide outreach and engagement to increase access to family support and evidence-based and culturally appropriate mental health services.

Project Partners

Director of Youth Development Partnerships Poli Rijos provides grant oversight and fiscal management. Project partner organizations include Vision for Children at Risk, the St. Louis County Children's Service Fund, Behavioral Health Response, St. Louis Queer Support & Healing, Youth in Need, Motivating Purpose with Education and Readiness, Keys to Knowledge and Action, and the Missouri Institute of Mental Health.

CITY OF ST. LOUIS MENTAL HEALTH BOARD OF TRUSTEES

AUTHORIZATION TO ACCEPT FEDERAL FUNDING FOR YEAR TWO OF THE SAMHSA SYSTEM OF CARE FOUR-YEAR COOPERATIVE AGREEMENT CFDA 93.104

RESOLUTION

WHEREAS, the City of St. Louis Mental Health Board of Trustees has been awarded federal funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) for the St. Louis Regional System of Care Cooperative Agreement in the amount of \$999,865 for federal fiscal year 2025; and

WHEREAS, the four-year federal award period runs from September 30, 2023, through September 29, 2027, totaling \$3,997,504; and

WHEREAS, the MHB desires to serve as a recipient of this federal project and to execute agreements with other sub-contractors or sub-recipients to provide services associated with the goals and objectives of the project funded by federal funds;

NOW THEREFORE BE IT RESOLVED:

The Board of Trustees accepts the following federal funding for the federal award period, ending September 29, 2025:

Substance Abuse and Mental Health Services Administration (SAMHSA), St. Louis Regional System of Care Expansion & Sustainability Cooperative Agreement CFDA 93.104 award of \$999,865.

Furthermore, the Board authorizes the Executive Director and Board Chair to execute contracts with sub-recipients or consultants/contractors from duly selected non-profits and other eligible organizations/persons providing the services required.

APPROVED THIS 19th DAY OF SEPTEMBER 2024:

Board Chair/Officer Name (printed):	Signature:
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ATTEST:

Board Officer Name (printed):	Signature:
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