



**City of St. Louis Mental Health Board of Trustees
Executive Committee Minutes of the January 14, 2025, Virtual Meeting**

Board Officers	Attendance
Donna Schmitt, Chair	Zoom
Rob Poirier, Vice Chair	Zoom
Julia López, Secretary/Treasurer	Zoom

Others Attending:

Cassandra Kaufman, Executive Director
Serena Muhammad, Deputy Director
Matthew S. McBride, General Counsel

Call to Order

The virtual meeting of the MHB Executive Committee was called to order at 2:01 p.m. by Chair Donna Schmitt.

Mental Health for Childcare Workers Resolution Discussion

While the committee was waiting for the third member to join the meeting, the approval of the minutes was deferred until later in the agenda. Deputy Director Serena Muhammad presented a Community Children's Services – Early Childhood Emerging Needs funding request in the amount of \$107,468 from Child Care Aware of Missouri, to provide monthly subscriptions at no cost to up to 225 City of St. Louis childcare providers (approximately 10% of childcare providers caring for St. Louis City children) over an 18-month period (January 1, 2025 – June 30, 2026). The funding would support the mental health and wellbeing of childcare providers who care for approximately 1,125 children from birth to age five attending childcare centers in the City of St. Louis.

Discussion ensued and the committee identified questions to be answered by Child Care Aware prior to the presentation of the resolution to the full Board for approval. Donna Schmitt moved, and Rob Poirier seconded a motion to present the resolution at the February 16 Board Meeting.

Approve November 12, 2024, Meeting Minutes

Rob Poirier moved, and Julia López seconded the motion to approve the November 12, 2024, meeting minutes. The motion passed unanimously.

Review January 16, 2025, Tentative Board Meeting Agenda

The Executive Committee reviewed and discussed the tentative board meeting agenda emailed to the committee on January 10, 2025.

Review January 25, 2025, Tentative Board Retreat Agenda

Executive Director Cassandra Kaufman and Serena Muhammad presented the discussion topics for the upcoming board retreat.

Executive Committee Briefing

Cassandra Kaufman reviewed activities of the board and staff since the Board's last meeting November 21, 2024.

Review Preliminary February 20, 2025, Board Meeting Agenda

Cassandra Kaufman shared a preview of topics for next month's board agenda.

Adjournment

There being no other business before the committee, Rob Poirier made a motion to adjourn, seconded by Julia López, which was unanimously approved. The January 14, 2025, Executive Committee meeting was adjourned at 2:32 PM.