



*** * * MEETING NOTICE * * ***

TO: Trustees & Other Interested Persons

FROM: Cassandra Kaufman, Executive Director

DATE: January 21, 2025

SUBJECT: **City of St. Louis Mental Health Board of Trustees' Retreat (Saint Louis MHB)
Saturday, January 25, 2025, at 9:00 AM in person at 701 Market Street, Summit
Conference Room, 15th Floor, St. Louis, MO 63101**

**SAINT LOUIS MHB
BOARD OF TRUSTEES' RETREAT
January 25, 2025**

Retreat Purpose

The purpose of this retreat is to invest focused time discussing strategic issues in support of MHB's mission.

Retreat Objectives

By 12:00 PM we will:

1. Determine timing/scope of next strategic plan
2. Understand issues experienced by foundations regarding DEI initiatives
3. Approve Early Childhood RFP process opening in February
4. Discuss Out-of-School Time strategy and RFP timing
5. Understand Trustee role in upcoming grant reviews

Arrival (complete nametags)

Nametags should include:

- Name
- What is your favorite thing to do to relax? (e.g., Go to the beach, read, exercise, hike, etc.)

Breakfast (complete index card)

Index card should include your name and **either**:

- Your favorite St. Louis sports team
- Your favorite park city, county, or state

TENTATIVE RETREAT AGENDA

1. **Welcome & Retreat Purpose** Cassandra Kaufman, Executive Director
 2. **Getting Acquainted Activity** Cassandra
 - Will randomly pull index cards and read aloud
 - Participants then try to match the card with the person
 - Once identified, the individual introduces themselves by sharing their name and what they find most compelling about MHB's work
 3. **Approve Minutes from 2024 Retreat** Donna Schmitt, Board Chair
 4. **Next Strategic Plan** Cassandra
 5. **Update on DEI challenges for foundations** Cassandra
 6. **Early Childhood Fund Application Process** Serena Muhammad, Deputy Director
 - Resolution
- [BREAK]***
7. **Out-of-School Time Strategy Discussion** Serena
 8. **Trustee Involvement in Application Reviews** Serena
 9. **Lunch**
 10. **Adjourn 12:00 PM**