



*** * * MEETING NOTICE * * ***

TO: Trustees & Other Interested Persons

FROM: Cassandra Kaufman, Executive Director

DATE: January 24, 2024

SUBJECT: **City of St. Louis Mental Health Board of Trustees Retreat (Saint Louis MHB)**
Saturday, January 27, 2024, at 9:00 AM in person at 701 Market Street, Summit
Conference Room, 15th, St. Louis, MO 63101 and via Zoom
<https://stlmhb.zoom.us/j/89489285296?pwd=WDk1UVFsVmFyM1VzOS9qY3k4b1FYdz09>
Webinar ID: 894 8928 5296
Passcode: 951748

SAINT LOUIS MHB
BOARD OF TRUSTEES' RETREAT
January 27, 2024

Retreat Purpose

The purpose of this retreat is to invest focused time to strengthen our partnership as stewards of MHB's mission, and to engage in thoughtful examination of opportunities and risks in order to empower our decision-making on policy and practice critical to the advancement of our strategic plan.

Retreat Objectives

By 12:00 PM we will:

- Be acquainted with each Trustee and strengthen board cohesion
- Discuss and build consensus on future MHB allocation and grant making processes

Arrival (complete nametags)

Nametags should include:

- Name
- If you had to choose **ONLY 1** between the following types of vacations in 2024, which would you choose?
 - Cruise
 - Travel abroad [What would your destination(s) be?]
 - All-inclusive resort [Location?]
 - Vacation home/time share/VRBO [Location?]

Breakfast (complete index card)

Index card should include **either**:

- Your favorite St. Louis restaurant
- Your favorite St. Louis attraction

TENTATIVE RETREAT AGENDA

1. **Welcome & Retreat Purpose** **Cassandra Kaufman, Executive Director**
2. **Getting Acquainted Activity** **Cassandra**
 - Will randomly pull index cards and read aloud
 - Participants then try to match the card with the person
 - Once identified, the individual introduces themselves by sharing their name and their “why” for Board service
3. **Racial Equity Audit Update** **Cassandra**
4. **Board Self-Assessment Next Steps** **Cassandra**
- [BREAK]***
5. **Allocations Process Proposed Changes** **Serena Muhammad, Deputy Director**

**This is a voting item*

 - Serena will share PowerPoint presentation with an opportunity for questions throughout the presentation
 - Red light/Green light discussion*:
 - Write initial vote on neutral card/post-it
 - Write reservations on pink card/post-it and enthusiasm on green card/post-it
 - Group discussion to reach consensus
 - Process vote
6. **Conclusion & Next Steps** **Cassandra & Serena**
7. **Lunch**
8. **Adjourn 1:00 PM**