

Nurses for Newborns

Improving Infant and Family Outcomes through
Home Visiting

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Nurses for Newborns

Our work

MHB project and outcomes

Illustrative story

Trending issue: formula shortage

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Improving Child Outcomes: NFN Model Advantages

- Comprehensive, strength-based model
- Partnership with parents, caregivers
- Flexible program design
- Missouri developed, replicated in Tennessee



Home Visiting: An Effective Model

- High quality home visiting services proven to impact parenting and promote positive child outcomes
- Services provided without transportation barriers for families
- Home visitors partner with families within context of their homes and communities
- Addresses inequities



NFN Model: Home Visiting by Registered Nurses, Community Health Workers and LCSW



Assessment & Screening

- Mother and baby health & safety
- Family strengths and priorities
- Developmental screening of infant
- Depression/anxiety/stress

Education and support

- CPR, signs of illness
- Using healthcare appropriately
- Soothing a crying infant
- Nutrition, breastfeeding
- Child abuse/neglect prevention
- Infant safe sleep

Linkage to community resources

- Infant care supplies
- Other needed services

NFN Core Prevention Model: Home Visiting by Registered Nurses, CHWs and LCSWs

Referrals

- Hospitals, clinics, social service agencies
- Anyone can refer, family can self-refer

Visits

- Can start during pregnancy
- Build from strengths

Location

- Services are provided in the family's home
- Telehealth now available

Cost to Families

- Families are not charged for services



Home Visitation for St. Louis Infants

Focus: Parenting Skills



Goal: 86% of parents/caregivers served will have knowledge, skills and support for positive parenting

218 Families
Served

Achieved
146 families

Active Cases
42 families

Inactive
Cases 30
families (14%)



5 Indicators

Child Abuse and
Neglect reports,
hotline calls

Safe Sleep

Household
Injuries

Attachment
Screenings

ASQ3
Developmental
Screenings



Christine Lefler, RN, BSN

Trending issue: Formula shortage



Thank you, Mental Health Board!



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